



The Seven Barrel Brewery

Local Restaurant & Brew Pub Since 1994

5 Airport Road, Rt. 12A Colonial Plaza
West Lebanon, New Hampshire
<https://7barrel.com>
603.298.5566

Starters

Pub Cheese Plate	9.99
Grafton Village Cheddar, Garfield's Smoked Gruyere and Vermont Chevre fresh goat cheese. Served with crispy baguette, pickled vegetables, house chutney and Honey-Dijon Mustard.	
Chicken Wings	8.99
1 dozen deep-fried chicken wings served BBQ, buffalo or teriyaki style with your choice of dipping sauce, celery and carrot sticks.	
Calamari	8.99
Mildly spiced squid, beer-battered and deep fried, served with your choice of marinara sauce or garlic remoulade.	
Salsa and Chips	4.99
Warm tortilla chips with tomato salsa. Add Guacamole or chili for 1.99 each.	
Nachos	7.99
Oven baked crisp tortilla chips with melted jack cheese, black olives, diced tomatoes, jalapeno peppers, salsa and sour cream. Add guacamole or chili for 1.99 each	
Poutine	5.99
Quebec style French fries served with local cheese curds and house onion gravy.	
Fry Basket	4.99
Your choice of French fries, sweet fries or thick cut beer-battered onion rings.	
Hummus	6.99
Roasted garlic, sesame and chick pea puree. Served with warm pita bread, carrots, celery and cucumber.	

Sandwiches

*All sandwiches served with sliced pickle and either chips, fries or coleslaw. **Choice of bread:** white, wheat, rye or wrap. **Choice of cheese:** American, Swiss, Smoked Gruyere, Monterey Jack, Sharp Cheddar or Blue. **Add:** North Country Smoke House Bacon, Sautéed Mushrooms, Onions, Peppers or Jalapenos for .99 each. **Our house sauces include:** any of our salad dressings, buffalo, teriyaki, BBQ, house chutney and tartar sauces. **Substitute sweet fries or onion rings for .99***

Hamburger	8.99
House ground beef, grilled on a toasted bun with lettuce, tomato, onion and your choice of cheese.	
Black Bean Burger	7.99
Our own vegetarian burger made with black beans, chopped onions, garlic, fresh herbs and spices. Served with lettuce, tomato, onion remoulade sauce and your choice of cheese on a toasted bun.	
Chicken Breast	8.99
Grilled, marinated chicken breast on a toasted bun served with lettuce, tomato, onion and your choice of cheese and sauce.	
Fried Haddock	8.99
North Atlantic Haddock fillet, battered and deep fried. Served on a toasted bun with lettuce, tomato, onion, tartar sauce and a lemon wedge.	
Reuben	7.99
The classic griddle sandwich. Corned beef, Swiss cheese, sauerkraut and Russian dressing on rye bread.	

Soups

Soups and Chili served with your choice of tortilla chips, soup crackers or a fresh roll

Du Jour	2.99/4.99
Check our specials board for daily soup offerings.	
Chowder	3.99/6.99
New England Style Chowder with white fish, clams, potatoes and onions.	
Chili	3.99/6.99
Seasoned house ground beef stewed with tomatoes, onions, fresh and dried chilies and red beans. Served with sour cream and jalapeno peppers.	
Soup and Half-Sandwich	6.99
Choice of sliced turkey, ham, corned beef and your choice of cheese with lettuce, tomato and onion on your choice of bread. Served with pickle and chips.	

Salads

Choice of dressing: Blue cheese, Ranch, Russian, Honey-mustard, Chili-pepper Vinaigrette, oil and vinegar. Add Chicken breast or Shrimp for 3.99. Add anchovies for .99

Mixed Salad	2.99/4.99
Fresh salad greens, tomato, cucumber, red onion and house croutons	
Caesar Salad	3.99/7.99
Romaine lettuce, toasted garlic croutons, anchovies, shaved parmesan cheese and house Caesar dressing.	
Wedge	5.99
Thick wedge of iceberg lettuce, served with chopped tomato, bacon and house blue cheese crumbles.	

Steak and Cheese	7.99
Sautéed, thin-sliced steak tossed with sautéed onions and peppers and melted jack cheese in a warm toasted baguette.	
Triple Decker Club	8.99
Your choice of turkey or ham, cheddar cheese, North Country Smokehouse bacon, lettuce, tomato and garlic mayonnaise. Served on your choice of toasted bread.	
B.L.T.	6.99
North Country Smokehouse bacon, with lettuce, tomato and garlic mayonnaise. Served on your choice of toasted bread.	
Grilled Cheese	5.99
Your choice of cheese and bread, cooked on the griddle.	
Hot Dog	6.99
Jumbo frankfurter on a toasted bun. Served with house made sauerkraut or onions and peppers.	
Vegetable and Hummus Wrap	7.99
Hummus, lettuce, tomato, cucumber, carrots and feta cheese crumbles wrapped in flour tortilla.	

Pub Favorites

Cock a' leekie Pie	7.99
Chicken, leeks, carrots, potatoes and celery topped in creamy gravy with fresh baked, flaky puff pastry.	
Irish Stew	7.99
Beer-braised chunks of beef with turnips, carrots, potatoes and onions stewed in our New Dublin Brown Ale. Served with freshly baked bread.	
Shepherd's Pie	7.99
Mildly spiced house ground beef with corn and mashed potatoes. Topped with garlic butter and smoked paprika.	
Bratwurst n' Beer	8.99
North Country Smokehouse bratwurst braised in our own New Dublin Brown Ale. Served with mashed potatoes, sauerkraut and house onion gravy.	
Toad-in-the-Hole	7.99
North Country Maple pork sausage, chopped sautéed onions and mild cheddar cheese baked in puff pastry. Served with our house apple chutney and a side salad.	
Fish and Chips	11.99
North Atlantic Haddock, beer battered and deep fried, served with tartar sauce, French fries, coleslaw and lemon wedges.	
Seven Barrel Meatloaf	10.99
Bacon-topped. Served with our own onion gravy and mashed potatoes.	
Steak-Frites	10.99
Six ounce top sirloin, char-grilled to your liking. Served with a side salad and French fries.	

Desserts

Ice Cream	2.99
Chocolate Brownie	3.99
Brownie Sundae	5.99
Apple Crisp	4.99
Du Jour	3.99

We are proud to serve locally made and grown products including:

- ❖ North Country Smokehouse (Claremont, NH)
- ❖ Grafton Village Cheddar (Grafton, VT)
- ❖ Garfield's Smokehouse (Plainfield, NH)
- ❖ Cabot Natural Creamery (Cabot, VT)
- ❖ Poverty Lane Orchards (Lebanon, NH)
- ❖ McNamara's Dairy (Plainfield, NH)
- ❖ Colatina Bakery (Bradford, VT)
- ❖ Cakes by Bev (Croydon, NH)



Reduce...Reuse...Recycle
The 7BB is going green

Entrees

Entrees include salad, roll & butter. Served with vegetable du jour and choice of baked potato, French fries, mashed potatoes or rice pilaf for all dinners except pasta entrees.

Loin of Pork	12.99
Boneless pork loin, roasted with garlic and rosemary. Served with our own onion gravy.	
Top Sirloin Steak 6oz/10oz	11.99/15.99
Grilled top sirloin cooked to your liking and topped with garlic-herb butter.	
Strip Steak 10oz	17.99
New York Strip steak, grilled to your liking, served with sautéed mushrooms and garlic-herb butter.	
Baked Chicken Statler	12.99
Pan-seared, semi-boneless chicken breast with fresh thyme, sautéed mushrooms and natural pan juices.	
Baked Haddock	13.99
North Atlantic Haddock, chopped tomatoes and garlic-herb butter, topped with bread crumbs.	
Ravioli	11.99
Five-cheese and mushroom ravioli served with your choice of house marinara or roasted garlic cream sauce.	
Grilled Portabella Mushroom "Steak"	10.99
Grilled, marinated portabella mushrooms, sliced, with roasted red peppers and feta cheese. Topped with a balsamic vinegar reduction.	

Beverages

Coke, Diet Coke, Sprite, ginger ale, tonic, club soda, house made root beer, cream soda, cherry or raspberry cola. Vermont cider, hot/cold; Juices: cranberry, orange, grapefruit & tomato; Green Mountain coffee, iced tea or lemonade; hot chocolate or milk (Straws available upon request)	1.99
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BE SURE TO ASK YOUR SERVER ABOUT OUR DAILY SPECIALS!!!

If you have a particular sandwich or dish from our old menu that you liked, please ask your server. We can still prepare many of those old favorites for you to order. We hope you enjoy our new menu and continue to look forward to your comments and suggestions

NOTE: A gratuity of 18% will be added to your check of six or more persons.

GRILL GUIDE

Black and Blue	Charred outside, cold red-center
Rare	Seared with a cool red center
Medium-rare	Warm red center
Medium	Charred, hot pink center
Medium-well	Charred, little or no pink
Well done	Charred and cooked through

****Consumption of undercooked meat may increase your risk of food borne illness****