

Mariscos (Seafood)

Shrimp Nachos

Melted Cheese, beans, Baby Shrimp, lettuce, tomatoes, jalapeños, black olives, sour cream and guacamole 10.49

Shrimp Quesadillas

Melted Monterrey Jack cheese with Baby Shrimp on grilled flour tortillas, garnished with lettuce, tomatoes, sour cream and guacamole 9.99

Enchiladas Mariscos

Our blend of Langostino, baby shrimp and real crab meat in two enchiladas smothered in our creamy enchilada sauce. Served with rice & black beans 13.99

Seafood Tostada

Our blend of Central American Langostino, baby shrimp and real crab meat on two crispy corn tostadas with lettuce, cheese and tomato. Served with rice & black beans 13.99

Mahi Mahi Fajitas

Mahi Mahi grilled and served sizzling on a bed of peppers, onions and mushrooms. Accompanied by lettuce, tomato, cheese, pico de gallo, sour cream, guacamole, rice and beans and tortillas 15.99

Mariscos Burrito

Langostino, baby shrimp and real crab meat wrapped with rice in a flour tortilla, garnished with a drizzle of white sauce. Served with rice & black beans 13.99

Lite Menu

Lite Poblano Chicken (spicy)

Grilled chicken breast stuffed with a poblano pepper, smothered in our own poblano yogurt sauce and pico de gallo. Served with our lite fajita veggies on the side. \$10.99

416 calories, 7g fat, 58g protein, 32g carbohydrate, 6g fiber

Lite Tacos de Pescado

Tilapia fillet seasoned and served in soft corn tacos with cabbage, pico de gallo and a side of black beans 8.99

398 calories, 3g fat, 18g protein, 58g carbohydrate, 14g fiber

Gusanoz Lite Skillet

Chicken, Shrimp or Flank Steak served with our lite fajita veggies on a sizzling skillet garnished with diced tomato 9.99

Over 100% daily value of Vitamin A and 600% of Vitamin C naturally per skillet!

Chicken
324 calories, 6g fat, 42g protein, 27g carbohydrate, 5g fiber
Shrimp
304 calories, 3g fat, 41g protein, 28g carbohydrate, 5g fiber
Flank Steak
374 calories, 16g fat, 32g protein, 27g carbohydrate, 5g fiber

Tostadas de Pescado

Sauteed Tilapia fillet seasoned and served over baked corn tortillas, lettuce and pico de gallo 6.99

281 calories, 3g fat, 10g protein, 37g carbohydrate, 5g fiber

Lite Enchiladas

Two Chicken Enchiladas - one red, one green, baked and then garnished with a drizzle of non-fat yogurt. Served with lettuce, tomato and black beans on the side 7.99

340 calories, 4g fat, 33g protein, 41g carbohydrate, 11g fiber

Beverages

Fountain Drinks (bottomless) \$2.19
Iced Tea (bottomless) \$2.19
Coffee (bottomless) \$1.99
Fresh Lemonade \$1.99
Horchata \$1.99
Jamaica \$1.99
Mexican Sodas \$2.59
Mexican Coke (when available) \$2.59

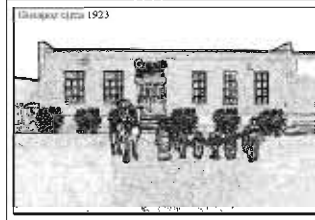


Postre

Fried Ice Cream \$4.99
Churros \$3.99
La Morena Chocolate Cake \$4.99
Flan (home made) \$3.99
Cherry Chimichanga \$3.99
Sopapillas \$2.99
Vanilla Ice Cream Scoop \$2.99
Maria's Limon Cake \$3.99

Sides

Tamal (pork or vegetarian) \$2.99
Taco \$1.99
Rice and Beans \$3.99
Guacamole \$1.99
Large Guacamole \$4.99
Sour Cream \$.99
Chile Relleno \$3.49



gusa'no (g -sò-n) *gusano de maguey*

n.

1. Caterpillar of a night butterfly (mariposa)
2. Caterpillar originating from the agave plant, commonly believed to be found in good tequila but more likely to be pickled in cheap mescal.
3. Part of the local Oaxacaqueño cuisine since pre-Columbian times frequently served roasted or ground.

gusa'noz (g -sò-n z) *gusanos*

n.

1. Casual restaurant featuring authentic Mexican cuisine in a warm setting.

Gusanoz was founded in 2005 by Maria Limon and Nick Yager with the intention of bringing made from scratch Mexican food to the Upper Valley. Along the way we have also tried to create a good working environment for our employees that pays a living wage and offers them the opportunity to grow professionally and personally. Maria is a native of Mexico, having lived much of her life in both Sonora and Gomez Palacio, Durango. Our food is heavily influenced by these two regions. Thank you for your business!

Gusanoz Mexican Restaurant
410 Miracle Mile
Next to Huberts and the DMV
Lebanon, NH 03766
603-448-1408
www.gusanos.com

GUSANOS

Mexican Restaurant



Great food for
dine-in or to go!

Entremeses

Jalapeno Onion Rings
6 for \$3.99 12 for \$6.99

Chicharrones

Fried pork cracklin's served with hot sauce and lemon \$4.99

Nachos V

Melted cheese, beans, black olives, lettuce, tomatoes, jalapenos, sour cream and guacamole \$7.99
Add shredded beef, ground beef or chicken \$8.99
Carne Asada \$10.99
Baby Shrimp \$10.99

Taquitos

Choose chicken or beef rolled in corn tortillas and fried. Served with our mild sauce and chipotle sour cream \$5.99

Queso with Rajas V

Melted Monterrey Jack cheese with strips of roasted poblano peppers and onion \$6.99

Guacamole Appetizer V

Large side of fresh guacamole served with sour cream, chips and our own pico de gallo \$6.99

Queso Fundido

Melted Monterrey Jack cheese with our own Mexican pork chorizo \$6.99

Quesadillas V

Melted Monterrey Jack cheese on a grilled flour tortillas garnished with sour cream and guacamole \$6.99
Add shredded beef, ground beef or chicken \$7.99
Carne Asada \$9.99
Baby Shrimp \$9.99

Ensaladas y algo Mas

Tostada V

Refried beans, your choice of ground beef, shredded beef or chicken topped with lettuce, cheese, tomatoes, olives, mild sauce, sour cream and guacamole on a flat corn tortilla \$7.99

Taco Salad V

Refried beans, your choice of ground beef, shredded beef or chicken topped with lettuce, cheese, tomatoes, olives, mild sauce, sour cream and guacamole in a flour tortilla shell \$7.99

Dinner Salad V

Field greens, tomatoes, red onions and mushrooms served with cilantro vinaigrette dressing \$4.99 or \$2.99 with a meal.
Soup & Salad combo for \$5.99

NEW

Tortilla Soup

Gusanoz own chicken and tomato broth with poblano peppers, herbs and seasonings and of course, tortillas and cheese.

HOT!

Pozole
Traditional Mexican soup of pork, pozole corn and herbs & spices in a broth rich with New Mexico Chile Peppers and a hint of cayenne.

Black Bean Soup V

Sauteed carrots & vegetables mixed with black beans. Topped with tortilla strips & cheese.

Caldo Jalapeno

Originally from Mexico City, this chicken soup contains chick peas, carrots, chipotle peppers, avocado, tomato and more!

Bowl \$6.99 Cup \$4.99 Cup w/meal \$2.99

Burritos and Chimichangas

VERY HOT!

Habanero Burrito **VALMOST INEDIBLE**

Beef or chicken in a flour tortilla with cheese, rice & beans and smothered with our Fire Roasted Habanero Salsa and cheese. Lettuce, tomato and two-scoops of sour cream on the side 10.99

Chile Verde Burrito

Chunks of pork slow cooked in a thick green sauce. Served with rice and beans \$11.99

HOT!

Burrito Borracho V

Your choice of meat rolled in a flour tortilla with cheese and beans and smothered with our Borracho sauce (drunken salsa) and cheese. Hot Chile de Arbol! \$10.99

Chile Relleno Burrito V

Our homemade poblano pepper chile relleno rolled into a burrito with rice and beans, smothered in red enchilada sauce and cheese served with sour cream and lettuce \$10.99

Replace the meat filling with roasted pork carnitas or carne asada steak on any burrito or chimichanga for only \$2.00 more!

Gusanoz Burrito Especial V

Rice, beans & your choice meat rolled in a flour tortilla smothered in red sauce, lettuce, melted cheese, sour cream and guacamole, rice and beans \$10.99

House Burrito V

Your choice of meat rolled in a flour tortilla with beans & cheese, smothered in red sauce and melted cheese. Served with rice and beans \$8.49

Chimichanga V

Your choice of meat with beans and cheese in a flour tortilla. Served with taco sauce, lettuce, sour cream and guacamole, rice and beans \$10.99

Combinacion

Choose any two or three of the following: V

Taco, enchilada, pork tamal, vegetarian tamal, chile relleno, tostada or chimichanga. Served with rice & beans.

Any Two \$10.99 Any Three \$11.99

Easy Choice for Two! V

Keep it simple and taste it all. Two enchiladas, pork tamal, chile relleno, tostada and a chimichanga with rice and beans for two! \$23.99

Enchiladas

One, Two or Three Enchiladas! V

Your choice of meat, cheese & onion or spinach & mushroom filling topped with red, green or mole sauce. Served with rice and beans.
One Enchilada \$7.99 Two Enchiladas \$9.99 Three Enchiladas \$10.99

ALLERGY ALERT! Mole contains peanuts!

North of the Border

Chicken Fingers

Chicken fingers served with fries. Three for \$6.99. Five with fries for \$9.99

Gusanoz Buffalo Chicken Wrap

Fried chicken with buffalo wing sauce, ranch dressing, lettuce and tomato wrapped in a flour tortilla and served with fries \$8.99

Buffalo Chicken Sandwich

Chicken fingers dressed in our zesty wing sauce, served on a white bun with lettuce, tomato, onion and bottomless fries. Smothered in Monterrey Jack cheese \$8.99

Jack Burger

Our half-pound burger char-grilled and smothered in melted Monterrey Jack cheese. Served with lettuce, tomato, onion & fries \$8.99

Honey BBQ Chicken Wrap

Fried chicken wrapped in a flour tortilla with honey BBQ sauce, caramelized onions, lettuce and tomato. Served with fries \$8.99

Guacamole Chicken Wrap

Fresh guacamole, fried chicken, lettuce, tomato and mild salsa wrapped in a flour tortilla and served with fries \$8.99

Especialidades de la Casa

Tampiquena

Flank steak, thin-cut and grilled, served with a cheese enchilada with red sauce, a shredded beef taco and a roasted poblano pepper smothered in Monterrey Jack cheese. Rice and beans are included \$18.99

Add four grilled shrimp for only \$4

Carne Asada

Flank steak, thin-cut and grilled, served with chipotle pepper onions, tortillas and rice and beans \$14.99
Add four grilled shrimp for only \$4 more!

Chicken Mole

Strips of chicken breast smothered in mole sauce served with rice and beans and tortillas! \$12.99

ALLERGY ALERT! Mole contains peanuts!

Fajitas Gusanoz

Your choice of flank steak, chicken breast and /or shrimp, grilled and served sizzling on a bed of peppers, onions and mushrooms, accompanied by lettuce, tomato, cheese, pico de gallo, sour cream, guacamole, rice and beans and tortillas
Steak or chicken \$14.99
Shrimp \$14.99
Any Two \$15.99
All Three \$17.99

Pescado al Mojo de Ajo

Tender fillets of tilapia sauteed in garlic, salt and pepper, olive oil, cilantro and lime. Served with rice and beans, garnished with lettuce, tomato, sliced avocado and tortillas \$13.99

Tacos de Pescado (Fish Tacos)

Tilapia fillets seasoned with a dry rub, fried, served with lettuce, pico de gallo and cilantro yogurt sauce, flour tortillas and rice and beans. Now with more fish for \$11.99 Add a third taco for \$3.00

HOT! Camarones a la Diabla V

Shrimp, onions and mushrooms lightly sauteed with salsa borracha. Served with rice and beans, tortillas and sour cream \$13.99
Chicken Diabla \$11.99
Vegetarian \$12.99

Arroz con Camarones V

Seasoned shrimp with onions, mild peppers and mushrooms lightly sauteed and served over rice and cheese with tortillas, lettuce and tomato on the side \$13.99
Substitute chicken for \$12.99
Vegetarian \$11.99

Carnitas

Tender pieces of pork served with fresh chopped cilantro, onion, limes, rice and beans and tortillas. A real Mexican favorite! \$12.99

Asado

Tender pieces of pork in a sweet and spicy sauce served with rice and beans and tortillas \$12.99

Chile Verde

Succulent chunks of pork slow-roasted in a thick and flavorful green chile sauce. Served with rice and beans and tortillas \$12.99

Tacos de Carne Asada

Flank steak, seasoned and seared, served with onion, cilantro and lime, rice and beans and corn tortillas. \$13.99

Tacos al Pastor

Thin sliced pork marinated in mild red peppers, roasted and sliced, served with rice and beans and corn tortillas \$11.99

Vegetarian Dishes

Gusanoz rice and beans are both vegetarian and vegan when served without cheese. Look for the next to vegetarian items! Try our spinach and mushroom filling in enchiladas, burritos and chimichangas, or order an Easy Choice Platter for Two vegetarian style.